

## Module One - First week – Knowing who you are informs how you walk your journey.

<https://www.youtube.com/watch?v=pPJ3nrsCcrE&t=130s>

### **Minobimaatisiwin - the good life | Winona LaDuke**

This talk was given at a local TEDx event, produced independently of the TED Conferences. Winona LaDuke draws on her experience as a leading Native-American activist in her talk about indigenous economic thinking for the 7th generation. Winona LaDuke is an Anishinaabekwe (Ojibwe) enrolled member of the Mississippi Band Anishinaabeg who lives and works on the White Earth Reservations, and is the mother of three children. She is also the Executive Director of Honor the Earth, where she works on a national level to advocate, raise public support, and create funding for frontline native environmental groups. A graduate of Harvard and Antioch Universities, she has written extensively on Native American and environmental issues. Author of now six books, including *The Militarization of Indian Country* (2011), *Recovering the Sacred: the Power of Naming and Claiming* (2005), the non-fiction book *All our Relations: Native Struggles for Land and Life* (1999, South End Press), and a novel – *Last Standing Woman* (1997, Voyager Press). She is a former board member of Greenpeace USA and serves, as co-chair of the Indigenous Women's Network, a North American and Pacific indigenous women's organization. In 1994, Winona was nominated by Time magazine as one of America's fifty most promising leaders under forty years of age, and in 1998, Ms. Magazine named her Woman of the Year for her work with Honor the Earth.

<https://www.youtube.com/watch?v=e2bs1TTc4gk&t=38s>

### **Surviving Disappearance, Re-Imaging and Humanizing Native Peoples: Matika Wilbur**

Matika Wilbur, one of the Pacific Northwest's leading photographers, has exhibited extensively in regional, national, and international venues such as the Seattle Art Museum, the Burke Museum of Natural History and Culture, The Tacoma Art Museum, the Royal British Columbia Museum of Fine Arts, and the Nantes Museum of Fine Arts in France. She studied photography at the Rocky Mountain School of Photography in Montana and received a bachelor's degree from Brooks Institute of Photography in California. Her work led her to becoming a certified teacher at Tulalip Heritage High School, providing inspiration for the youth of her own indigenous community. Matika, a Native American woman of the Swinomish and Tulalip Tribes (Washington), is unique as an artist and social documentarian in Indian Country. The insight, depth, and passion with which she explores the contemporary Native identity and experience are communicated through the impeccable artistry of each of her silver gelating photographs.

## Module Two - Second week – who am I? who are we?

<https://www.youtube.com/watch?v=1GkLI9ENVYQ>

### **Indigenous artist wants Canadians to recognize the Anishinaabe language**

Indigenous artist Scott Benesiinaabandan wants more Canadians to recognize the Anishinaabe language when they hear it being spoken. It's the theme of his piece featured at the Winnipeg Art Gallery's Insurgence/Resurgence exhibit. To read more: <http://cbc.ca/1.457006>

<https://www.youtube.com/watch?v=byl4LQgDpWs>

### **Anishinaabe Aadizokaanan : Our Teachings - Brian Peltier**

Anishinaabe Aadizokaanan features insights, thoughts, reminders and healing guidance from some of our Knowledge Keepers in Wiikwemkoong; as we all go through this Covid-19 pandemic as community.

<https://www.youtube.com/watch?v=e2Re-KrQNa4>

### **Building resilient community**

Working together creates empowerment. Thunder Valley CDC is a community development organization that is working with the local grassroots people and national organizations in the development of a sustainable regenerative community, that creates jobs, builds homes and creates a National model for alleviating poverty in America's poorest communities. Nick is a citizen of the Oglala Lakota Nation and the founding Executive Director of the Thunder Valley Community Development Corporation. Nick has over 15 years of experience in working with non-profits and Tribal Nations on projects that have a social mission. Prior to working with Thunder Valley CDC, Nick founded the Lakota Action Network which fought to protect Native American sacred sites, provide community organizing training while educating tribes in the implementation of sustainable renewable energy practices. Nick has been selected by the White House to lead the Ladders of Opportunity and Promise Zone Initiatives on the Pine Ridge Indian Reservation. In 2014 Nick was selected as an Ashoka Fellow joining a global network of the worlds leading social innovators.

## Module Three - Third week - What happened? What is our responsibility?

<https://www.youtube.com/watch?v=idYMqW2y7OU>

### **2019 - Reconciliation and Social Work Practice**

The Truth and Reconciliation Commission (TRC) of Canada helped put a spotlight on the ugly history and legacy of Canada's residential school system.

In his keynote address, Indigenous rights scholar Jeffrey Ansloos draws upon his extensive experience in the community, clinical and social policy settings to discuss the work of the TRC

and how members of the College can take up the TRC's calls to action for reconciliation. Jeffrey explores how social workers and social service workers can integrate and apply their knowledge in relation to those calls to action.

<https://www.youtube.com/watch?v=FidQaDvnXBM>

**2017** - Indigenous Perspectives & Social Work Series: Part 1 - Our Shared Past and Future  
Canadian Association of Social Work

This two part webinar series strives to encourage ongoing discussion and continual learning. Understanding and acknowledging our shared colonial past will help us to create a more just and healthy shared future. This is a webinar series for all social workers.

*Webinar objectives are:*

To encourage ongoing discussion and learning about our shared history of colonization

To examine colonization from our social work lens

To discuss where we are today as a consequence of colonization

[https://www.youtube.com/watch?v=oxU6QATB\\_IY](https://www.youtube.com/watch?v=oxU6QATB_IY)

**2017** - Indigenous Perspectives & Social Work Series: Part 2 - Social Action & Healing  
Summary of Presentation Canadian social workers are highly diverse yet share the same values of social justice, respect for all and service to humanity. As a country and a profession we have the opportunity to move forward with genuine reconciliation. This two part webinar series strives to encourage ongoing discussion and continual learning. Understanding and acknowledging our shared colonial past will help us to create a more just and healthy shared future.

*Webinar objectives are:*

To learn more about Indigenous social action movements

To share stories of healing and ways of supporting healing

To discuss ideas to support and promote reconciliation.

## **Module Four - Fourth week – What is happening? What is our responsibility?**

<https://www.youtube.com/watch?v=00ramxR1AuY>

Anishinaabe Aadizokaanan : Our Teachings - Marie Eshkibok-Trudeau

Anishinaabe Aadizokaanan features insights, thoughts, reminders and healing guidance from some of our Knowledge Keepers in Wiikwemkoong; as we all go through this Covid-19 pandemic as community. Our fourth segment features: Marie Eshkibok-Trudeau

<https://www.youtube.com/watch?v=UKhVX1JF2n8>

### **2018 Working with community**

Traditional western models for 'helping' Aboriginal communities don't work. By turning these models upside down in favour of building authentic relationships and on-the-ground community engagement, Denise Hagan and the Puuya Foundation are empowering a remote Aboriginal community in Cape York, Australia, and delivering successful, life-changing programs.

Denise Hagan works at the complicated intersection where the very sincere desire to help remote Aboriginal communities held by governments, philanthropists and nonprofits alike, clashes with entrenched, misinformed and western-centric attitudes to engagement, empowerment, funding and solutions.

Invited by the community elders to the remote Aboriginal town of Lockhart River in the far north of Cape York, Denise was meant to stay three months. She ended up staying five and a half years and is currently living in Lockhart River again. Denise came to develop a deep understanding of the multi-generational poverty and disadvantage faced by the community, the strength and determination of the people living there, and the cold hard fact that despite good intentions, the standard government procedures for programs and funding would not deliver the solutions needed. <https://www.ted.com/tedx>

## **Module Five - Fifth week – Anti-Oppressive Practice, Resilience and Culture Informed Practice**

<https://www.youtube.com/watch?v=30byqCHs9Ts&t=0s&list=PL2RMiHc3QoWQ8fVy06p1IzVNqTh7xX1d7&index=4&app=desktop>

### **2017 Aboriginal Community Social Work: Committing to Anti-Oppressive Practice**

CASW and Newfoundland

Webinar objectives are:

To highlight an educational tool for practitioners interested in Aboriginal community service delivery.

To explore Aboriginal cultures and history within the context of social work practice.

To examine social issues experienced in Aboriginal communities today and identify techniques and practices social workers can employ to build competence and confidence in professional practice.

To foster knowledge and skill development in anti-oppressive practice through practice examples.

The seminar examines topics such as Aboriginal cultures and history, knowledge and skill development for practice, social work theories and perspectives, exploration of social issues experienced in Aboriginal communities today, and building competence and confidence in

professional practice through the development of trust. The educational material highlights the importance of community consultation in research and service delivery by learning from Elders, community leaders, and by adopting a “learner” approach in community participation. In this session, we will also consider the historical role of social workers and government officials in the residential school experience and the breakdown of trust in communities that impacts our work today.

Together we examine how to rebuild trust through the demonstration of respect and inquisition in our roles as community professionals.

The presentation also challenges the concept of ‘cultural competency,’ as being static as we will explore the supposition that we can never be truly ‘culturally competent’ in cultures other than our own. It also examines the harm that cultural appropriation can foster, thus contributing to oppression and the breakdown of trust despite intentions to re-establish and strengthen trust.

### **Practice SW**

[https://www.youtube.com/watch?v=lbjASEa\\_OXA](https://www.youtube.com/watch?v=lbjASEa_OXA)

Indigenous social worker Australia – working with Aboriginal Women - depression

### **2018 Indigenous Focus**

We are committed to upholding the Truth and Reconciliation's 94 Calls to Action. Today's Social Work Week 2018 video focuses on Indigenous social work.

Darlene Marchuk describes that if social workers do not incorporate an Indigenous focus in their practice, they will continuously practice from a colonial point of view. To see the full video of Darlene and our colleagues please visit: <https://youtu.be/FYKhJAsGMvM>

<https://reconciliationcanada.ca/building-resilience-with-chief-joseph-ep-1/>

### **2020 Building Resilience with Chief Joseph**

Reconciliation Canada presents a video series on staying resilient during the troubling times of the COVID-19 pandemic. Through traditional teachings, our Ambassador Chief Robert Joseph explores how to respond to challenges, recover from difficulties and setbacks, and build emotional and spiritual resilience.

[Episode 1: Reconciling our mind, body, soul and spirit](#)

[Episode 2: How to cope with anxiety during the COVID-19 pandemic](#)

[Episode 3: Chief Joesph’s Story of Resilience](#)

[Episode 4: Proceeding carefully to the new normal](#)

## Module Six - Sixth week – Our Challenges and Hopes

<https://www.youtube.com/watch?v=zwLR23fHBQU>

### **Creating environments for Indigenous youth to live & succeed | Tunchai Redvers**

Indigenous youth experience the highest rates of negative instances such as suicide, yet are the fastest growing demographic in Canada. This has been at the heart of the work of Tunchai Redvers, co-founder of We Matter, a national non-profit organization committed to Indigenous youth empowerment, hope and life promotion. Tunchai makes the case that changing this reality and creating environments for Indigenous youth to both live and succeed means centering Indigenous youth voices, honouring Indigenous strengths, and challenging toxic norms and beliefs. Tunchai Redvers is an Indigenous queer/two-spirit woman, social justice warrior, poet, and wanderer. With Dene and Métis roots, she comes from Treaty 8 territory, born and raised in the Northwest Territories. By the age of 22 she has been named one of MTV and WE Day's Top 10 Drivers of Change in Canada, is a recipient of territorial, university, and nationwide scholarships, has been published in a number of works for her poetry and academic articles, is the recipient of the Lawson Foundation's Emerging Leaders Award, and is the Co-Founder of We Matter, a national non-profit organization committed to Indigenous youth empowerment, hope, and life promotion. Her advocacy work and writing focuses on intergenerational trauma, LGBTQ and two-spirit rights, youth and women's empowerment, and the decolonization and indigenization of identity, mental health and healing.

<https://www.youtube.com/watch?v=eWg9wudlzDk>

### **Identity & post-secondary: a First Nations experience | Amy Smoke**

In this heartfelt and moving talk, Amy Smoke shares her experiences of growing up as a native off a reserve. After sharing the numerous hardships she faced, she notes she was only able to overcome them by connecting with her roots and through education. Amy shares with us how we can leverage and use traditional Native teachings to improve lives and the educational space for all and makes a call for "nothing about us without us". Amy Smoke is a Mohawk woman, Turtle clan, from the Six Nations of The Grand River. She is a mother, daughter, mature student, board of director, and active First Nations community member. She has overcome many of the intergenerational trauma that First Nations people feel when there are residential schools in their past. She speaks of her own journey with substance abuse, homelessness, incarceration, and domestic violence. Returning to her culture has helped Amy connect to her family, their past, and their shared healing journey. She also sings with a local First Nations drum group, The Blue Sky Singers. She has continued her education by completing her GED, a college certificate, college diploma, two university degrees and was recently accepted into the Masters of Social Work - Aboriginal Field of Study program at Wilfrid Laurier University.

<https://www.youtube.com/watch?v=bA9EwcFbVfg>

### **Etuptmumk: Two-Eyed Seeing | Rebecca Thomas**

Etuptmumk - Two-Eyed Seeing is explained by saying it refers to learning to see from one eye with the strengths of Indigenous knowledges and ways of knowing, and from the other eye with the strengths of Western knowledges and ways of knowing ... and learning to use both these eyes together, for the benefit of all. Spoken word artist, current Halifax Slam Master and recently appointed Poet Laureate for the Halifax Regional Municipality, Rebecca Thomas also holds the

position of Coordinator of Aboriginal Student Services at the Nova Scotia Community College. Coming from an indigenous background whose family has been greatly impacted by residential schools, Ms. Thomas has come to recognize the lack of prominence given to First Nations perspectives within the history of Halifax. As a Mi'kmaw woman, she embraces the opportunity to bring her cultural voice to the broader public discussion through the Poet Laureate position, and believes that the arts and poetry can help people heal in ways beyond traditional therapies. ***"Poetry can give a voice to the voiceless. Poetry can make a powerless person feel powerful. This is why I speak,"*** said Ms. Thomas.

## Aspects of who we are within our societal knowledge(s)

<https://www.youtube.com/watch?v=dDsXLgnIPTU>

### **The Anishinaabe View - In Their Own Words - Episode 1**

This episode features Elder Willard Pine who talks with students at East View Public School about Anishinaabe culture, teachings and the history of Sault Ste. Marie.

<https://www.youtube.com/watch?v=6TJYTjIBRIU>

Full Moon Teaching with Gokoomis and Traditional Ojibwe Teacher, Jacque Lavalley  
Gokoomis and Traditional Ojibwe Teacher, Jacque Lavalley, speaks about full moon ceremony. Recorded on the June 2020 full moon in preparation for the full moon teaching hosted by the Indigenous Education Network on July 6, 2020.

<https://www.youtube.com/watch?v=zQAUKU7fzEw>

### **Ogichidaa Teachings - Receiving of Gifts and Teachings (Treaty #3 Anishinaabe Nation)**

Ogichidaa Francis Kavanaugh Grand Council Treaty #3 - [www.gct3.ca](http://www.gct3.ca)

<http://gct3.ca/people/social/abinoojii-inakonigewin/>

Child care Law Treaty #3

### **The Sky**

<https://web.stcloudstate.edu/aslee/highlights.html>

**Dr. Annette Lee – Star Knowledge -**

[https://web.stcloudstate.edu/aslee/articles/StarMapGuide\\_JulyAugust2020-2.pdf](https://web.stcloudstate.edu/aslee/articles/StarMapGuide_JulyAugust2020-2.pdf)

<https://ingeniumcanada.org/indigenous-star-knowledge-symposium>

[https://web.stcloudstate.edu/aslee/articles/2.2\\_AsAbove\\_SoBelow.mp3](https://web.stcloudstate.edu/aslee/articles/2.2_AsAbove_SoBelow.mp3)