

*Rapid Change for Rapid Results*  
**BUST Your Beliefs**  
*to Create the Life you LOVE*



**BASIC FOCUSED INTENTION TECHNIQUE (FIT)**

with Jane Burning

Learn how to follow your heart and access your endless inner resources in this 2 day workshop.

Your heart center is your intuition and it can see the future. It knows your passion and why you are here.

When you connect with that deep part of you, you feel a soulful kind of joy inside and your outside world will never be the same.

Join us and experience the sacred space of the heart. Come and learn the secret on how to effortlessly access and transform your problems at the root cause.

**Workshop Benefits:**

- Heal your life and improve your health
- Learn the FIT 11 Step process to empowers your life forever
- Develop insight into the limiting beliefs that stop you from living your ideal life
- Learn how to identify, interpret, and transform your beliefs that stop you from living your ideal life
- Access inner resources



Experience the Sacred  
Space of the Heart!

**Focused Intention Technique**  
FIT™ Mindset System

3 STAGES TO ELIMINATING SELF-IMPOSED BELIEFS

**3 R'S**  
**RECONNECT**  
**RETRIEVE**  
**RESOLVE**

**WHAT  
STORY  
DOES  
YOUR  
BODY**

*want to share  
with you?*

- Improve your ability for self- expression
- Create an inner state of calm
- Connect with your inner guidance and higher self
- Take down the barriers in your heart that prevent you from opening up to your greatness
- Connect with your life purpose and passions
- Align your energies of thoughts, words and actions so you can easily attract what you want in life
- Increase energy, inner happiness and joy

**Registration Fee:** \$300.00 Certificate upon completion.

