PATHWAY TO WELLNESS

FIRST NATIONS & INUIT HOPE FOR WELLNESS HELPLINE	1 855 242 3310
GOOD2TALK STUDENT HELPLINE	1 866 925 5454
TALK4HEALING Services available in 13 Indigenous languages through translation	1 988 554 4325

ONECA

Ontario Native Education Counselling Association

The Ontario Native Education Counselling Association (ONECA) is an organization comprised of First Nation Education Counsellors that was incorporated in 1985. ONECA is founded upon principles that recognize that, although a variety of counselling and educational tools and programs exist in Ontario, the development of Native communities requires tools and programs designed specifically to improving Native Counselling and Education services.

705.692.2999 | oneca@oneca.com

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