

DRAFT AGENDA: Revised #4: June 9th

Pre-Registration Friday November 18, 2022	
3:00 _{pm} - 5:00 _{pm}	Registrations (Welcome Packages)
5:00 _{pm} – 7:00 pm	Meet & Greet (Activity: find out 10 things about each other: prize) (Grand Hall Centre & East)
6:00 _{pm} - 8:00 _{pm}	Paint Night with Phil Jones in Grand Hall Centre

Day One: Saturday November 19, 2022	
8:00 _{am} - 9:00 _{am}	Late Registration Breakfast - warm up activities with Dave Jones (MC)
9:00 _{am} - 9:45 _{am}	Opening Ceremony - Barb Nolan, Chief Dean Sayers, Chief Andy Richard Phil Jones with drum group
9:45 _{am} - 10:00 _{am}	Break
10:00 _{am} – 11:00 _{am}	Keynote speaker- Connor Lafortune
11:00 _{am} – 12:00 _{pm}	Connor Lafortune: Support group building
12:00 _{am} - 1:00 pm	Networking Booths
12:00 _{pm} - 1:00 _{pm}	Lunch – Patrick Gervais (addiction & video game)
1:00 _{pm} - 2:15 _{pm}	Sessions: round one
	Courtyard Impacts of cannabis on mental health Facilitator TBA
	Grand Hall West Indigenous mental health, culture & interconnectedness with Dr. Brenda Restoule
	Grand Hall East PART A: Confidence and self esteem with Turtle Concepts featuring Dave Jones & Chris Church
	Library Your Spirit name with Peter Beaucage
	Grand Hall Central Team building: Darren Thomas
	Break & booth scavenger (networking)
2:15 _{pm} – 3:00 pm	Sessions: round 2
	Grand Hall West Pow wow fitness with Tracy Cleland
	Library Making your bundles – TBA
3:00 _{pm} - 4:30 _{pm}	

	Grand Hall East PART B: Confidence and Self Esteem with Turtle Concepts featuring Dave Jones with Chris Church
	Courtyard Beading - Trailblazing beads
	Grand Hall Central Workshops with Ojibway Natural (bath bombs & vapor rubs)
6:00 _{pm} - 9:00 _{pm}	Banquet (survivor theme: best costume) with game
7:00 pm	Entertainment Hypnotist Darren Thomas

Day Two: Sunday November 20,2022	
8:00am - 9:00am	Breakfast
9:00am - 10:15am	Sessions: round 3
	Library Dave Jones: get some guts
	Courtyard Medicine wheel teachings with Peter Beaucage
	Grand Hall East 7 Blankets of Life workshop with Gerrard Sagassige
	Grand Hall Center Soap stone carving with Phil Jones
	Grand Hall West Life promotion: Connor Lafortune
10:15 _{am} - 10:30 _{am}	Break
10:30 _{am} - 12:00 _{pm}	Sessions continued
12:00 _{pm} - 1:00 _{pm}	Lunch
1:00 _{pm} - 2:30 _{pm}	Wrap up exercises (game show: family feud/scavenger hunt)
2:30 _{pm}	Closing Ceremonies

This agenda is subject to change